St Peter & St Paul

Little Horkesley

Parish Magazine October/November 2023



St Peter & St Paul Little Horkesley



You are very welcome

Sunday 8th October

Evening Service - 6.30pm

All donations to Colchester Food Bank

The Food Bank
Shopping List
is on page 7

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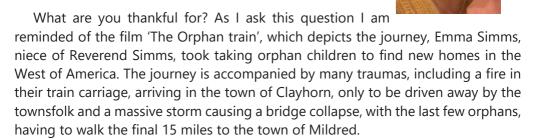
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The Rectory with Revd Heather Wilcox

What are you thankful for?



Throughout the journey when things seem at their worst, Emma would lead them in singing the song, 'Count your blessings, name them one by one, count your blessings, see what God has done, count your blessings, name them one by one, count your many blessings, see what God has done.'

Ask someone what troubles them, and perhaps they might be able to list many things, after all turn on the news and there is plenty that causes us anxiety and stress, particularly when we see the devastating aftermath of earthquakes, flooding, wildfires or war.

But turn that question on its head and ask people what they are thankful for and at first they might struggle, but actually, when we start to think about it, there are many things that we have to be thankful for.

October, is the month when across our churches, we are celebrating the Harvest, and we are reminded of all that we are thankful for. We are thankful to live in a country, where the harvest has been safely gathered in, we are thankful that for the most part we are full and satisfied, that we have a roof over our heads, access to medical aid, an education and career opportunities, we are thankful to be surrounded by beautiful countryside and to live in peace.

We are mindful that as we give thanks for all that we have, there are many who are not as fortunate as ourselves, and our thanksgiving leads to action as we seek ways of supporting them in their struggles, either through financial support, prayer, or calling our leaders to account.

And if you are ever struggling to think what you are thankful for, perhaps you might want to turn to Psalm 136 – which begins 'Give thanks to the Lord for he is good' before listing many things we should be thankful for, with the constant refrain throughout the Psalm 'His love endures forever.'

We are thankful, because Gods love endures forever, no matter what we might be facing ... Gods love endures. And that is a great reason to be thankful.

May God bless you, Heather



A November Prayer

In this month of remembering,
which includes All Saints' Day, All Souls' Day
(and Guy Fawkes!),
our hearts are especially attuned to the memory

our hearts are especially attuned to the memory of those who have shared our lives and we see no longer.

May the Lord bless us as we remember.

Father,

you know our hearts and share our sorrows.

We are hurt by our parting from those whom we loved:
when we are angry at the loss we have sustained,
when we long for words of comfort,
yet find them hard to hear,
turn our grief to truer living,
our affliction to firmer hope
in Jesus Christ our Lord.
Amen.

MERIEL'S REPORT



Sadly, in the past few weeks we have lost three long-time members of our church.

MARY LANGSTONE

My friend and long-time supporter of our church died on August 4^{th} after a very unpleasant illness.

Mary came to our church in 1958 when her family moved to West Bergholt and she and her brother, Peter, were looking for a church with bells to ring. They joined our church and although Peter moved away Mary had been with us ever since. She was in the choir, a bellringer, PCC member, Synod representative and also a member of our fund -raising group.

The church and her faith were centre to her life and throughout the last very difficult months she still came to the church almost every week and certainly always if she was well enough to attend. She will be missed enormously. Her very beautiful funeral service was held at our church on August 30th

Before her service 480 changes of Grandsire Doubles and Plain Bob were rung. The ringers were Peter Perkins, Evelyn Reeve, Barry Gibbons, David Culham and Brian Lord.

Our thoughts and prayers go out to her children, Colin, Jane, Helen, her brothers Peter and Richard and their families.

Her Daughter, Jane Ounate -Lare wrote a lovely letter of thanks to everyone

Dear Meriel.

I wanted to write and thank you for all your love, support and wise advice in the planning and arranging of Mum's funeral. It really was a special and beautiful service, and I am full of gratitude to many people for helping make it so. Thank you again for your wonderful tribute for Mum and the memories you shared. The music, hymns, choir and bells were perfect. The flowers in the church were beautiful and it was lovely to receive the photos of them afterwards.

I will give your email address to Crosslinks and ask them to send our prayerletters to you in the future for Little Horkesley church, and I've attached a copy of our July prayer letter.

Hope to see you next time I come, probably in about a months' time.

With very much love to you and John

Jane x

SARAH TURNER

Sara died on August 13th after many years of ill-health which she bore with great stoicism and optimism. Whenever I phoned to see how she was she always said, 'I'm getting there'. Sadly, in the end she was just too weak to fight on.

Sarah had been a florist and for many years helped with Flower Festivals and altar flowers. She even managed, with the help of her ever-supportive son, Duncan, to arrange our Easter lilies this year although she was not feeling at all well.

She made wreathes and bouquets for many of us over the years and helped with the floral arrangements for John and me at our Golden Wedding celebrations. She was on the PCC for a few years until ill-health made it impossible for her to attend meetings.

She was a lovely, gentle lady and we remember Duncan at this sad time.

ROY CHAPMAN

Roy, friend to so many of us and someone who has attended and supported our church for so long died, peacefully, in the Hospice, on September 6th. I shall not say more about him at this time but will write more fully in our next issue. His funeral will take place on October 17th at 12.30 pm at Nayland church.

A MESSAGE FROM ANN EVANS THE SISTER OF DAVID WORTH

The family of David wish to thank all his neighbours for the kind messages of sympathy and flowers on the very sad loss of a dear brother and uncle, and to all who attended his funeral.

A sum of £699.66 has been donated to the Essex and Herts Air Ambulance

ANN EVANS

God so loved the world the he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

John 3. 16

HARVEST FESTIVAL

We shall celebrate Harvest on our usual Sunday, October 8th. We shall again support the Colchester Food Bank. I realise that we have an ongoing collection at the church but, if you are like me, you tend to remember to give support on special occasions. You will be aware that many people are in desperate need and all Food Banks have never been under such pressure. Please be as generous as you can.

Our Harvest Festival Service will be at 6.30 pm.

Food Bank Shopping List

- SMALL BAGS OF RICE
- LONGLIFE MILK
- LONGLIFE JUICE
- SHAMPOO
- CARRIER BAGS/ REUSEABLE BAGS
- SQUASH
- TINNED FRUIT
- DEODORANTS
- TINNED POTATOES
- TINNED PUDDINGS

- TINS OR PACKETS OF CUSTARD.
- IAM
- PEANUT BUTTER
- TOOTHBRUSH/ TOOTHPASTE
- RAZORS
- SHOWER GEL
- SMALL JARS OF COFFEE
- SMALL WASHING POWDER/LIQUID
- SMALL MULTIPACK SNACKS (PENGUIN/CLUB/TWIX)
- TINNED TOMATOES

RIDE AND STRIDE

As she has done for a number of years our wonderful Fionna Morrison, has again walked on behalf of the Friends of Essex Churches. Our grateful thanks go to her and everyone who sponsored her. As is usual half of the sponsorship will go to the charity and half to our church.

Fionna's report is on page 27

REMEMBRANCE SUNDAY

Our Remembrance Service will be on November 12th starting at 10.50 am.



ADVENT CAROL SERVICE

I really cannot believe I am typing those words, but Advent Sunday does fall within the scope of this issue. Our usual service will be held at 6.30 pm on December 3rd. It is a lovely service, 'Darkness into Light'. Please support it if you can.

PLEASE NOTE THAT THERE ARE A FEW CHANGES IN TIMES OF SERVICES IN NOVEMBER AND DECEMBER.



SUNDAY DECEMBER 3rd 6.30 PM

ADVENT CAROL SERVICE

Darkness into Light

MONUMENTAL BRASSES

I was contacted by Martin Stuchfield, Vice President of the Monumental Brass Society, which is a registered charity founded in 1887, for the preservation of monumental brasses. He had previously given a talk to the Stowmarket U₃A History Group, and they asked him to arrange a visit to our church.

I met them at the church, a group of about fifteen people, and Martin gave a short talk on the history of our church and it's rebuilding. He encouraged me to interject every now and then with added memories of my own. Our brasses, the Swynbourne, Leventhorpe and Marney brasses are so famous and was lovely to see such interest in them. Martin said that he was born the year that our church was rededicated and in 1981, at the age of 13, he came to our church to rub the Swynbourne brass. He duly paid the fee at the Priory (Roddy Prior was then the churchwarden) However night-time came, and he was nowhere near finished. He ended up sleeping in the church – it was not locked in those days – and continued his task in the morning. He was very interested to hear that I, along with other small children from Wormingford School, rubbed those brasses when they were in Colchester Castle Museum where they had been restored following the bombing. This would have been in about 1951.

One other extremely interesting thing was his story of the key of the old church. Last year he ended a period as President of the Society and members wished to honour it in some way. He did not want a collection and a gift but at a service at Saffron Walden Church he was told that they could not let the occasion pass without some memento. They presented him the key of our old church, which must have been used for the last time on the day that the church was bombed – after the wedding that took place that afternoon. They said, at the presentation, that he was to take his mind back to September 1940 and he guessed it must be about Little Horkesley Church. He told me that he really loves our church, has now visited it 23 times. He will eventually leave the key to the church as it only has importance to him, not his family.

I told the group various things that I knew about our church and ended by reciting the poem which my mother wrote, The Ballad of Little Horkesley, which is in our church booklet.









BIG CHURCH CELEBRATION – THE TALENTS

On August 20th the Six Parishes came together at Hammonds Farm, the home of Emma Barr, for four hours, to showcase the various strengths of each of our churches.

There were Handbells (Wormingford), Messy church (West Bergholt), Children's Storytelling, (Great Horkesley), Forest Church (Langham and Boxted), Animals and Hospitality) Mount Bures. At Little Horkesley we still have a small choir and Prayer book services so we got together a scratch choir, and I ran through a couple a simple pieces which actually sounded quite good even though all choir parts were not represented.

This was all held in a large marquee which had been used for a wedding the previous day, so it was quite sumptuous with all facilities available. Some events spilled into the garden where there were two beautiful sheep and two calves. Throughout the first two hours, refreshments were available. I had a lovely cup of tea and a toasted teacake. Very welcome. At 6 pm we all assembled in the marquee where an informal service was conducted by the Bishop of Colchester, the Right Reverend Roger Morrison and our vicar, Heather.

The theme throughout was the parable of the Talents which was acted out by West Bergholt church. We were each given a small piece of wood which we had to hold and think about how our own talents could be used for God and his church and we then went outside and put them into a fire pit. The smoke going up was to show our thoughts being taken up to heaven. The two musical pieces which we had run through beforehand, Lead me Lord, and The Lord bless and keep Thee were included in the service.

After the service we all enjoyed a pulled pork roll, crisps and ice cream. The whole afternoon was a triumph with wonderful organisation, fellowship and fabulous weather.









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Meeting of the PCC on July 18th, 2023

The Parochial Church Council met in the Church on July 18th, 2023, in the Church.

David Lewis as Churchwarden reported that there were no major issues regarding the Church buildings but said that work was in hand regarding the maintenance of the Churchyard in terms of grass cutting. He proposed that some of the grass around the older graves should be allowed to grow longer and only be cut once per year. This will encourage the growth of wildflowers.

David also discussed our commitment to meet net zero emissions by 2030 to meet Church of England objectives. He said that we were at present 1.6 tonnes in deficit on the basis that only 35% of our electricity comes from renewable sources. Our deficit could possibly be offset by planting, but we will need to report progress annually.

Sally Bramall as Treasurer said that the Church finances were in line with budget for the half year. She also said that the donation machine to allow credit card donations was now working and said that she would make sure that it was user-friendly.

The Vicar, Heather Wilcox, referred to the outcome of the special meeting for all the PCCs in her Benefices held on July 12th in West Bergholt Church where Bishop Roger had set out options for bringing together the seven parishes under the Vicar's ministry. The most likely outcome will be the formation of a new combined Benefice under a new name, and he said that we had been working towards this for eighteen months since Heather's appointment. Individual Parishes will retain their separate identities, and each will be encouraged to 'play to their strengths' but would also have access to the benefits of the other parishes. No final decision has been made but progress is being made to achieve this outcome.

In conclusion the Vicar refered to the Benefice Celebration to be held on Sunday, August 20th to be held at Hammonds Farm in Mount Bures and Emma Barr has kindly given us use of a marquee for this. The Celebration will start at 4.00 with a service of worship at 6.00pm at which Bishop Roger will preach. This will be followed by supper at 7.00pm. This should be a wonderful opportunity for people in the Benefice to come together.

Will Pavry, Secretary Little Horkesley PCC



Our Ordinand got Ordained

10th September 2023

On the hottest day of the year so far in Chelmsford, Emma was amongst 18 Ordinands ordained by Bishop Guli of Chelmsford. Amid lots of fancy fans, self-made fans, extra water stations and the clergy struggling with all their robes, a beautiful celebratory service was had. The gorgeous Cathedral was full of family and parishioners to witness them all becoming Deacons.

During the final hymn (Praise to the Lord, the Almighty), the Bishop led the newly-ordained Deacons out of the Cathedral and to the garden for photos.

Emma, Stephen and their family invited all her guests back to their house at Hammonds Farm afterwards. The food and drink were plentiful, everyone had been catered for. The celebration went on into the night and a fabulous time was had by all.

Emma will now serve her curacy in all 6 parishes. We are looking forward to seeing her in Little Horkesley on Christmas Day at 10:30am.



















Altar Flowers

	Month	Date	Arranger
	October	1	Roger Beatty
		8	Roger Beatty
9.752		15	Roger Beatty
		22	Roger Beatty
		29	Roger Beatty
	November	5	Roger Beatty
		12	Roger & Fionna
_		19	Roger & Fionna
		26	Roger & Fionna
	December	3	Advent

Pet Of The Month for October



Fenn

Fenn is a beautiful senior lady who lives with her grandparents in Nayland.

She frequently comes out to see me when I'm passing. Her favourite things are very short walks, treats from me and lots of sleeping.

Good girl, Fenn x



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As October is fast approaching, I decided to look and see what events were happening during that month. Obviously Harvest Festivals celebrated on the 1st. BST ends on the 29th and Halloween on the 31st but what I didn't realise was that there is a special event celebrated on every day of the month from a Farmers Day on the 12th, Dessert Day on the 14th (I'm looking forward to this one :)), Trafalgar Day on the 21st etc. However, the one that I feel could make the biggest impact to the most people is on the 6th when it's World Smile Day. A smile can make a great difference to somebody who is lonely or feeling down but it can also give a boost to someone who is having a good day. So, on the 6th please be sure to give an extra big smile to the people that you meet.

Smiling is infectious You catch it like the flu When someone smiled at me today I started smiling too I walked around the corner And someone saw me grin When he smiled I realised I had passed it on to him I thought about the smile And then realised its worth A single smile like mine Could travel round the earth So if you feel a smile begin Don't leave it undetected Start an epidemic And get the world infected.

The Parish Council would like to extend a warm welcome to the village to Sheena who moved into School Lane 3 months ago with her dog Lola.

She moved to Singapore from the UK and spent 10 years there before moving back home. She worked as a teacher and in the retail sector before retiring and moving to Colchester to be nearer to her daughter. She and Lola love walking and are enjoying their time exploring the local area. Please be sure to say hello if you see them out and about in the village.

The Dedham Vale AONB and Stour Valley Project have been in contact with the Parish Council and they would like to hear from you if you have any interest in taking part in a swift or hedgehog project. The swift boxes ideally need to be out in groups of 6 as this will also include the caller that encourages the swifts to take up residence and nest, but they will consider you taking fewer boxes if you already have a colony. To be involved in the hedgehog project all they need is your address, proof of a hole in your garden boundaries so that the hedgehogs are able to roam from one garden to another and some proof of a wildlife features in your garden.

If you would like to take part in either of these projects please email

<u>clerk@littlehorkesleypc.com</u> <u>or emmab</u> <u>lack@suffolk.gov.uk</u>

The next Parish Council meeting will be held in the Village Hall on Monday 20th November at 19.30pm.

Tracy Le Grys Parish Councillor

LITTLE HORKESLEY WEATHER

July-August 2023

By Adrian Szabo

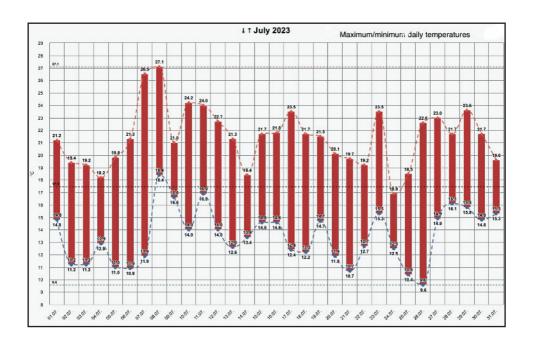
A summary of the weather for the past two months: July was an unsettled month – cool and wet; August closer to average but still unsettled.

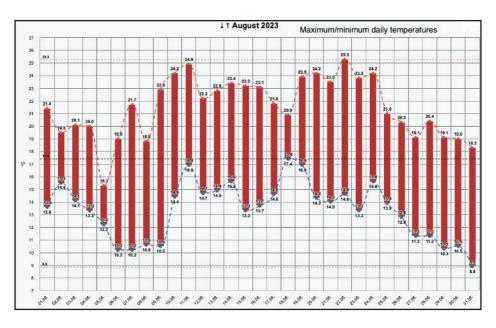
Anyone hoping for a month similar to that of July 2022 were to be sadly disappointed, as this month turned out to be unsettled, virtually from start to finish.

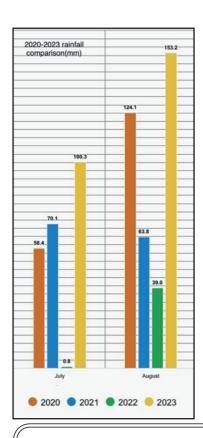
In July the jet stream was generally shifted much further south than in June, with the weather often rather autumnal in character due to the low atmospheric pressure-cool, dull, windy and with a lot of rainfall. The UK overall rainfall total was 170% of average overall, making this provisionally the wettest July since 2009 and sixth wettest July in the series. In our village a total of 100mm of rain was recorded which is close to double the annual average for July, the wettest days being 5th, 13th and 30th July. Mean temperature was 17.5°C which is close to 17.2° multiannual average. Highest was recorded on 8th July(27.1°C), lowest on 26th(9.6°C). Winds were predominantly from SW.

August was a rather mixed and unsettled month, continuing the theme of July, although to a slightly lesser extent. Low pressure systems mostly dominated the weather, with any brief spells of high pressure bringing settled weather generally short-lived in nature. Summer warmth was missing in the first and last week of the month, the temperature peaked on 22nd with 25.3°C. There were some notably cooler spells; on 5th August maximum temperature struggled to reach even 15.3°C. Mean temperature however was very close to the average 17.5°C but 3 degrees cooler than last year's August. South-westerly winds dominated in August as well.

Rainfall was exceptionally high (153mm) mainly due to the extraordinary 5th of August when we recorded the highest amount of precipitation in 24 hours since the station was installed 10 years ago: over 85mm which is normally a month and a half's total rainfall. It was a fairly localised weather event, West Bergholt recorded about 55mm and Boxford about 80mm on that day. (Apologies again for the print quality of the graphs in the past edition).







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Pet Of The Month for October

CHARLIE

I can't believe this beautiful, gentle boy hasn't found his forever home yet.

Here he is impersonating Batman:)

10-year-old Charlie, through no fault of his own, finds himself in foster care. He is neutered, vaccinated and a good, clean boy. He is shy at first but very loving after a while.

If you or someone you know might be interested in adopting Charlie, please contact me for more info. My contact details can be found on page 2.

Many thanks, Suzanne



My omitted Intercession! - Brenda -

When I did the Intercessions on Sunday 27th August, I inadvertently omitted the final section giving thanks and praise for the all-parishes meet-up at Hammonds Farm on the previous Sunday. This was a lovely event, so I asked for this prayer to be added in the magazine.

Dear Lord, we thank you for the happy time given to us last Sunday (20thSept) at the special gathering of our group of parishes at Hammonds Farm, home of Emma Barr. Help us to take these opportunities to forge better links with each of our six churches and their communities, geographically widespread. We know that these events take time and effort to plan and prepare and we give thanks for all those who helped to make it a success, both socially and in ministry.

Stir us, O God, with your vibrant desire.

Move us, O God, to work for your church.
Inspire us, O God to active service.

Keep us, O God, from complacent indifference.

Challenge us, O God, with Your compassion and mercy.

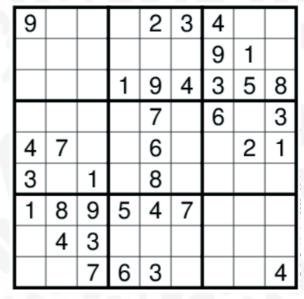
Take and shape us. O God, to live and love as Your Son Jesus Christ.

Amen.



Sudoku

Enter a number from 1 to 9 in each square starting from the numbers given in some square. Each row, column, and region must contain only one instance of each numeral.





Easy

5	3	4	8	9				
	9			7				
	6		2					
		8		6			5	
	2	6				8	9	
	5			8		1		
					9		4	
				2			3	
				4	3	တ	1	5



Medium

Solution on page 35



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LEST WE **FORGET**



Dear friends and family,

Greetings from Normandy! Thank you for your prayers. As we write this letter, France is going through a time of major social unrest throughout the country due to the death of a teenage boy during a police arrest. The damage in Caen is limited compared to other big cities. We are thanking God for his protection over the Community Café in Lisieux. In the riots this weekend it wasn't damaged even though other shops around had their windows smashed. Some of the local youth that the café team work with said that they made sure nothing happened to the café! What a great testimony! Please continue to pray for France.

As a family we are all doing well. Our three children have finished their end of year exams and we are enjoying having them at home now. For Eloise, it was her first year at uni and she has loved it and made some great Christian friends. We are very grateful to the Lord. Jane and I have had a busy but exciting year and will be taking some holiday at the end of July.

We included a financial appeal in our last prayer letter and received a very generous response. Although we haven't reached the target yet, we have been very touched by your acts of generosity in a difficult time and by words of encouragement and prayers. Many thanks to you all.

Ministry in France: Caen

Last September we were sad and discouraged to see several mature Christians from the church move to other towns or countries. God in his faithfulness has answered our prayers by sending new people who have made our church 'Le Bon Berger' their home. Many of these are already involved in different ministries in the life of the church.



International meal

Please pray for them, for the couple D and D who are involved in hospitality, worship and preaching, and for X, a part-time theological MA student who joined us recently and who may do a placement with us next year.

Ministry in France: Discipleship

Our house group is still going well and is a wonderful weekly time of fellowship and digging into the word of God together. We are studying the book of Exodus at the moment. Sena also meets with a few people including X. for one-to-one discipleship. Please pray that church members will grow as disciples of Christ. Pray also for Y who was baptised last year and for E who came to Christ last autumn. Both are being challenged in their faith at the moment.

Evangelism and community work in 'Grace de Dieu' in Caen

We are still waiting for the Catholic church in Caen to grant permission for us to use their premises to welcome people from the community of 'Grace de Dieu'. Meanwhile we continue to build friendships with people there and already have four volunteers willing to help with the future work in the

community. This autumn Jane is planning to start a discussion group with women from the community together with others from the church. We believe God is calling us as a church to demonstrate his love in this community. Please pray for God's guidance and direction as we move forward.

In June we held an evangelistic event with an international theme. Since then, we have several different nationalities in our church, and we have reached out to our non-Christian international friends. People



Church planting planning teams

in the church brought traditional dishes and we had specialities from eight countries! It was a great moment. We had the opportunity to share the gospel message and to value one another's culture.

Equipping church planting team (M4)

Thank you for praying for the training weekend we had in March for four new church planting teams. 35 people attended including a few guests. Sena is coaching two of these teams, one in a suburb of Paris and the other in Nantes. It is exciting to hear recently how God has been working through the team in Nantes. Please pray for the four teams and for God's wisdom for Sena as he encourages the pastors and their teams.

Please pray with us:

- The church in Lisieux have just sold their building and are moving into the premises of the community café, in Hauteville, a disadvantaged area of the town. Please pray for this time of transition and that they may have an even bigger impact in the community.
- The annual gathering of the six churches in La Source Network will be 23–24 September. Please pray as Francis, Kevin and Sena plan and prepare this event. Pray it will be a stimulating time for the churches.

Thank you for your support and all your prayers. Love from, Sena & Jane



God in his faithfulness has answered our prayers by sending new people who have made our church 'Le Bon Berger' their home.

Sena and Jane Ounate-Lare, Caen, France Email: ounatelare@crosslinks.org Crosslinks, 251 Lewisham Way, London SE4 1XF | 32 Montgomery Road, Belfast BT6 9HL | +44 (0)20 8691 6111 | pletters@crosslinks.org



The Benefice

As most of you are aware, Little Horkesley church is part of a group of 6 parishes and 8 churches. This means the Churches can provide a great deal more for the whole community. We now have a large ministry team, both lay and ordained, and each of the churches embrace a different style of worship.

Little Horkesley continues to offer Matins on the first Sunday of the month and Evensong on the second and fourth Sunday of the month, with Holy Communion in the evening on the third Sunday of the month. We have a strong tradition of using the Book of Common Prayer for our worship. All our worship is accompanied by our organist Meriel and a robed choir, which is one of our greatest assets, alongside the fact we always have a team of bell ringers, ringing the bells before worship. On those occasions when there are 5 Sundays in the month, we have a united Celebration service on the 5th Sunday, which moves around the parishes.

If you would like to find out more about the choir please contact Meriel, our organist and choir mistress 01206 855523 alternatively you can speak to Sally Bramall bramalls@yahoo.co.uk or Brenda Green 01206 271019.

If singing isn't for you, bell ringing is a fine rural tradition and great fun, and we are always happy to welcome new members to a ringing team, to find out more please contact Brian Lord 01206 271386.

In future issues we hope to tell you more about what happens in some of the other churches across the group, but here is just a little teaser for what is happening across the churches for children and families.







Messy church, takes place every 2nd Sunday, 9.30am in St. Mary's Church, West Bergholt (except November which is Remembrance Parade Service) Messy Church, uses crafts and games to help us explore a bible story, and includes a short interactive time of worship, followed by refreshments.

Fun4Families, every 3rd Sunday, 11.00am in St. Johns, Great Horkesley, is suitable for all ages, particularly younger families, there is space within the worship for crafts, activities and discussion.

Storytime takes place every 3rd Saturday, 6pm in St. Mary's Church, West Bergholt and every 4th Sunday, 6pm in St. John's church, Great Horkesley. This is primarily aimed at children 0-7. Come along for a bible story, songs and prayer. Don't forget to bring a teddy, and feel free to wear your pyjamas. Hot chocolate and biscuits are served at the end.

Forest church, takes place every 2nd Saturday, 3pm in St. Peter's Church, Boxted. Forest church, helps us to explore God in nature and is suitable for people of all ages.

Reverend Heather Wilcox

Priest in Charge - West Bergholt and Great Horkesley, Langham with Boxted, and Little Horkesley, Mount Bures and Wormingford.



Heating Oil



Protecting and serving Essex

As it comes to the time when you are thinking about topping up your heating oil tank for winter, with the value of fuel it is worth considering its security.

In the more isolated parts of the countryside it is primarily domestic properties that have been targeted by the heating oil thieves, but we have also seen such thefts at farms and other businesses.

There are several security devices available that will protect your fuel supplies - details of which can be found via your fuel supplier or local plumber's merchant. One such system is Tank Commander www.commandersecurities.co.uk which has "Secured by Design" accreditation https://www.securedbydesign.com/. Products like this will detect a dramatic drop in fuel and notify you by phone and/or audible alarm. There are also other similar security products that can add onto an existing intruder alarm system, whilst others may protect the filler cap and there are of course the conventional locks.

Another consideration would be concealing it with landscaping and spiky planting around the tank, restricting access to it with gates or fencing, and where possible locating the tank under lighting in view of lived in rooms within the house.

The Illusion of occupancy

As the nights draw in earlier don't forget to use table lamps on timers, and there are TV simulators such as "Fake TV" that produces lighting that resembles a television switched on within a room. Consider installing external "Dusk till dawn" lighting and remember to ensure gates are in good condition, closed and locked. Other products available to make it appear that you are home are a movement sensor that activates an appliance plugged into a plug socket and doorbells that you can answer remotely after viewing the caller; an internet search will find these and other security products.

If you would like further advice regarding security please look at the Essex Police website www.essex.police.uk/cp/crime-prevention/ and https://www.securedbydesign.com/.

Naturally we also ask locals to report any unusual activity to police in an emergency on 999 or after the event on 101 or "Do it online" www.essex.police.uk/do-it-online/report-a-crime/ or to Crimestoppers anonymously on 0800 555 111.

ARIDE+STRIDE:



Church Walk 2023 by Fionna Morrison

I was spending a week in Suffolk on holiday with family, and having walked or cycled passed most of the nearby churches in Essex, I thought I could visit some churches in Suffolk for this year's Stride & Ride.

My son Mike, and Bramble (my daughter's Labrador) decided to join me on some of these walks. The first church was St Andrews in Walberswick, at the top of the village. Its 90 ft tower can be seen for miles around and is still a landmark for sailors. An attractive church, but now only a small part of the very large church it once was in Medieval times. Back then, Walberswick was a very large settlement and a major trading post. However, as ships got larger, the trade dwindled, as did the population, who could no longer afford such a large church. A lot of the outside walls were therefore pulled down - the current church sits amid the ruins.

We continued our walk over the sandling heath of bracken and purple heather, and through beautiful woods, then along the river bank to Blythburgh. The village is on the site of a Medieval priory founded by monks from St Osyth Priory in Essex. It was also a trading post, and very prosperous at this time. As the river silted up, its trade also declined. The church sits on a hill above the village in a prominent position where the river expands over the reed beds. It has a beautiful view as the sun sets over the river.

On another occasion, Bramble and I walked from Walberswick to Dunwich. It is a lovely walk, either all along the beach or through the reed beds and woods. We started on the beach, which Bramble loves – especially swimming in the sea – though she will not always give up her ball to those who cannot throw very far!

Dunwich was also a thriving trading post in the thirteenth century and was the capital of East Anglia in the Anglo-Saxon period. However, following effects of storm surges and coastal erosion, much of the large settlement was washed away. Even today, during storms, people say one can hear the bells of lost churches below the waves! The one remaining church is the furthest from the

the sea – a lovely small church, with a ruined leper chapel next to it. Collections at this chapel are now sent to The Leprosy Mission.

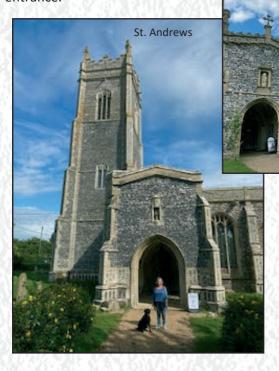
A dear friend let us borrow her beach hut in Southwold while on holiday, so I took this opportunity to visit the town's main church, St Edmunds – an attractive large church, with a beautiful interior, located in the heart of the town.

At the end of our week in Walberswick, following lots of swimming, cycling and crabbing, we had to stop in Snape Maltings for some retail therapy! I took the opportunity to add two more churches to the list. First, St John the Baptist Church in the village, a small and very old church, with an attractive main entrance.

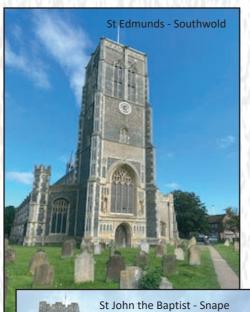
From there, Bramble and I walked to Iken Church. Leaving the Maltings, it looks as if you are on the wrong side of the river, as the church is on a promontory. It is a lovely walk along the river's edge, which Bramble thoroughly enjoyed. The road up to St Botolph's Church is a mile long. St Botolph's Monastery was amongst the earliest Christian communities in East Anglia. Vikings raided the area and destroyed many monasteries, including this one. The present church was built much later and dedicated to St Botolph, with a beautiful view down the river.

Tired but happy – following the walk back, admiring the houses along the river bank – we arrived back!

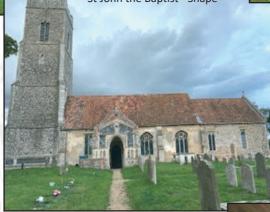
Blythburgh















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Sudoku Solutions - how did you do?

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6	4	3	9	1	2	8	7	5
2	5	7	6	3	8	1	9	4

5	3	4	8	9	6	7	2	1
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4	5	9	3	8	2	1	7	6
6	1	3	7	5	9	2	4	8
9	4	5	1	2	8	6	3	7
2	8	7	6	4	3	9	1	5

Medium

Easy

Sidesmen & Readers: October 2023

Sunday	Sidesmen	Readers	Readings					
1 st October								
Morning	Will Pavry	Will Pavry	Philippians 2: 1-13					
	Brian Lord	Brian Lord	Matthew 21: 23-32					
Evening	NO EVENING SERVIC	E						
8 th October	,							
Morning	NO MORNING SERVI	CE						
Evening	HARVEST FESTIVAL							
	Ann Garnett	Ann Garnett	Philippians 3: 4b-14					
	David Lewis	David Lewis	Matthew 21: 33-end					
	Intercessor:	Brenda Green						
15 th October	•							
Morning	NO MORNING SERVI	CE						
Evening	HOLY COMMUNION							
	Christopher Orme	Christopher Orme	Philippians 4: 1-9					
	John Sparkes	John Sparkes	Matthew 22: 1-14					
22 nd Octobe	r							
Morning	NO MORNING SERVI	CE						
Evening	Margaret Thomas	Margaret Thomas	1 Thessalonians 1: 1-10					
	Harold Thomas Intercessor:	Harold Thomas Brian Lord	Matthew 22: 15-22					
		DITATI LOTA	*					
29 th October	NO SERVICES AT L	ITTLE HORKESLEY						



Sidesmen & Readers: November 2023

			·					
Sunday	Sidesmen	Readers	Readings					
5 November Morning Evening	NO MORNING SERVICE Christopher Orme Ann Garnett	Christopher Orme Ann Garnett	ТВА					
12 th Novembe	er		.40					
Morning	REMEMBRANCE SERVI	CE						
<u>10.50am</u>	David Lewis Vicky Minet	David Lewis Vicky Minet	ТВА					
Evening	NO EVENING SERVICE							
19 th November								
Morning	NO MORNING SERVICE							
Evening	HOLY COMMUNION Margaret Thomas Harold Thomas	Margaret Thomas Harold Thomas	1 Thessalonians 5: 1-11 Matthew 25: 14-30					
26 th November								
Morning	NO MORNING SERVICE							
Evening	Sue Carbutt	Sue Carbutt	Ephesians 1: 15-end					
	John Sparkes	John Sparkes	Matthew 25: 31-end					
Intercessor : Brenda Green								
3 rd December								
Morning	NO MORNING SERVICE							
Evening	ADVENT CAROL SERVICE	CE .	İ					
	David Lewis Ann Garnett	ТВА	ТВА					



Church Calendar: October 2023

October 1st 17th Sunday after Trinity

11.00am Morning Service

October 8th Harvest Festival

6.30pm Harvest Evening Service

October 15th 18th Sunday after Trinity

6.30pm Holy Communion

October 22nd 20th Sunday after Trinity

6.30pm Evening Service

October 29th Bible Sunday

10.30am United Celebration of Holy Communion at Mount Bures

No service at Litte Horkesley

Church Calendar: November 2023

November 5th All Saints/All Souls

6.30pm Evening Service with lighting of candles

November 12th Remembrance Sunday 10.50am Remembrance Service

November 19th 2nd Sunday before Advent

6.30pm Holy Communion

November 26th Christ the King 6.30pm Evening Service

December 3rd Advent 1

6.30pm Advent Carol Service



Why?

Why does the soldier rise to fight,
When mortal me, in fear, take flight?
What reason - might we ever know,
He takes the everlasting blow,
Commanded by the pipe and drum,
Until relieving mists may come?
What thoughts are his as nurses tend,
And doctors' nimble fingers mend;
Or, when the stretcher makes the plane,
He sees the green of home again,
Arriving, with no foe to face,
Upon this spot, this blessed place?

Not duty, for there is no sense In death without some recompense; Nor courage, for to say "That's brave." Brings shrugs: how else could he behave? An instinct, then? To kill; be killed. From that stark choice is action willed, And thence to mercy is appealed, Upon the friendless battlefield. All thoughts are his and his alone, Where ruby poppies since have grown. Now, let him lie; here, let him rest. For he has fought and stood the test.

David Diggory, 2018 Refectory Cafe Team